

# ST023 Swim Camps

## Objective: To expose as many Swimming Taranaki swimmers and coaches as possible to top level coaching in our region through camps and clinics.

### Policy

- 1. ST Board will endeavour to ensure a minimum of the following camps and clinics are held each swimming year:
  - One of 10 pool sessions duration (Senior Camp)
  - Two of between 3 and 7 pool sessions duration (Intermediate and Junior Camp)
- 2. ST Administrator will organise, book swim coach, pool, accommodation and other venues that may be required. Swimming Taranaki will invoice swimmers or clubs directly as required.
- 3. Swimming Taranaki camp program aims to:
  - a. Enable swimmers to be exposed to top level coaching in our region.
  - b. Provide shared experiences and opportunities for skills to develop a sense of group cohesiveness, co-operation and tolerance.
  - c. Enhance a sense of Taranaki team culture.
- 4. Planning for Camp:
  - a. All efforts will be made by ST not to exclude members simply for financial reasons. The ST Administrator will submit funding applications for financial assistance to allow us to provide a cost effective service to our members. Members are invited to discuss alternative payment options.
  - b. Swimming Taranaki are committed to athlete development and will invest into camps and stroke clinics by covering the costs associated with coaching.
  - c. Camp application registrations to be confirmed by the ST Board appointed Head Coach.
  - d. In order to maximize the opportunity for parent help, the camp timetable for each year will be released in advance.
  - e. Parent help is required on these camps and ST will ensure all volunteers are suitably Police Vetted.
  - f. All volunteers will be referred and made aware of the Member Protection Policy to reinforce our commitment to providing an environment for participants that is safe, free from harassment and abuse and promotes respectful and positive behavior and values. A copy of this policy shall be included in the camp information folder.
- 5. Camp Supervision

Swimming Taranaki acknowledges that we must ensure the safety of our members therefore:

a) Copies of completed consent forms must be carried by camp volunteers at all times.

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- b) A safety briefing will be provide at the commencement of camp including:
  - a designated 'camp manager' that members can approach,
  - Safe running to and from pool (buddy system, run with a friend), for our younger members attending Junior and Intermediate Camp, a parent is required to run to pool with members,
  - Behavior expectations
  - Following instructions provided by Head Coach, Parent Supervisors and Pool staff
- c) All camp volunteers must be Police Vetted at least one month prior to the commencement of camp where appropriate.
- d) Room allocations: When a live in camp is held, ST requires the allocation to swimmers of similar ages and same gender. Ideally a parent will be placed in rooms in between each room (refer to accommodation room layout plan).
- 6. Code of Conduct

Members and volunteers are expected to comply with our Code of Conduct (a copy of which can be viewed on our website) and a copy of this is included in the provided Camp Folder.

7. Health & Safety

All members are required to follow pool venue and accommodation venue health and safety requirements as instructed.

8. Camp Head Coach and Camp Manager to submit a review report to Swimming Taranaki following completion of camp for review at first board meeting following the camp.

### SENIOR CAMP CRITERIA

The head coach of the Senior Camp and the Swimming Taranaki Board to have the final say on the minimum swimming level required.

Application forms to go to head coach and head coach liaise with ST on accepted applications

### Camp purpose and outcomes:

- Block of training that improves swimmer's aerobic ability
- Improve their overall skill level
- Ability to be able to manage dryland over a week
- Opportunity for team building as Taranaki swimmers

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#### INTERMEDIATE CAMP CRITERIA

The Head coach of the Intermediate Camp and the Swimming Taranaki Board to have the final say on the minimum swimming level required.

Application forms to go to head coach and head coach liaise with ST on accepted applications

#### Camp purpose and outcomes:

- Emphasis on technique and skills required to make it to the senior level
- Introduction to daily dryland which is swimming specific
- Opportunity for team building as Taranaki swimmers

### JUNIOR CAMP CRITERIA

The Head coach of the Senior Camp and the Swimming Taranaki Board to have the final say on the minimum swimming level required.

Camp purpose and outcomes:

- Learning technique and skills for swimming
- Having fun through activities and dryland basics
- Opportunity for team building as Taranaki swimmers

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